

FIT CLUB OF VOLUSIA
2011 INTERMEDIATE, ADVANCED & PRE-COMP.
GYMNASTIC SCHEDULE

196 North Industrial Drive, Orange City, Florida 32763

Phone: (386) 774-4348

www.fitclubgymnastics.com

TEAM LISTINGS	MONDAYS	TUESDAY	WED.	THURS.	FRIDAY	SAT.	TOTAL HOURS
ADVANCED I	4:00-5:30		4:00-5:30		4:00-5:30		4.5
ADVANCED II		4:00-5:30		4:00-5:30			3
ADVANCED III			7:00-8:30		6:30-8:00		3
PRE-COMPETITIVE		5:30-7:00	5:30-7:00		4:30-5:30 DANCE 5:45-7:45 GYM		6
COMPETITIVE LEVEL 4	5:30-8:00	5:30-8:00		5:30-8:00		9:00-11:30 GYM 11:30-12:30 DANCE	11
COMPETITIVE LEVEL 5	5:30-8:30	5:30-8:30		5:30-8:30		9:00-12:00 GYM 12:30-1:30 DANCE	13
COMPETITIVE LEVEL 6	5:30-8:30	5:30-8:30	6:30-8:30	5:30-8:30		9:00-12:00 GYM 12:30-1:30 DANCE	15
COMPETITIVE LEVEL 7 & UP	5:30-9:30	5:30-9:30	5:30-9:30	5:30-9:30		9:00-12:30	19 ½
BOYS COMPETITIVE TEAM	4:30-6:30		4:30-7:30		4:30-6:30		7